

## Stage 3 Canberra/Corin Forest Excursion,

**Tuesday 2nd July - Thursday 4th July 2024**

Dear Parents/Carers,

The Stage 3 excursion to Canberra/Corin Forest is getting closer.

Included in this note are important details related to the excursion, a medical form and a McDonalds pre order form.

### **Tuesday 2nd July**

Students need to arrive at school by **6.00am** to ensure we are ready to depart on the bus at 6.30am

### **Thursday 4<sup>th</sup> July**

We are due to arrive back at school by approximately **5.30pm**. Please ensure you are at school by this time to collect your child. No child will be allowed to leave the school grounds unless accompanied by an adult.

### **Other Information:**

**CLOTHING**-Students need to bring warm, casual, comfortable clothes. They should have two pairs of shoes in case one gets wet. Please ensure your child has a warm jacket as the temperature in Canberra will be cold. Students also need to bring their own toiletries. Please ensure your child's name is on all of their items. Students will be supplied with snow specific pants, parka & boots at Corin Forest which have been paid for in the overall cost. Students will need to supply their own gloves and beanie if they wish to wear these.

**ACCOMMODATION**- Ibis Styles Canberra, Narrabundah

**LINEN** -Students DO NOT need to bring their own linen as this will be provided by the motel we are staying at both nights.

**SPENDING MONEY**-Students are allowed to bring spending money as they will be able to purchase a souvenir if the opportunity arises. There will also be a comfort stop at McDonald's Sutton Forest on our way home from Canberra. Students will pre order their meal (pre order form attached).

**MEALS**- Meals will be provided for dinner on Tuesday and Wednesday as well as breakfast and lunch on Wednesday and Thursday. Students are to provide their own recess and lunch, including a drink for Tuesday. This must be taken onto the coach and not be included in their clothing bag, which will be stowed under the coach. Please provide a small backpack, or plastic bag to hold items necessary for the coach. No can or glass bottles are allowed. The students should also bring with them suitable snacks for morning and afternoon tea.

**MEDICATION** - Any necessary medication for your child must be placed in a resealable plastic bag with your child's name clearly written on it. A note of explanation must be included in the bag stating the name of the medication, the dose required and the time it should be taken, along with any other necessary information. Tablets, including travel sickness or headache tablets must also be provided in the same way, even if it is only being provided in case your child might need it. This medication must be given to one of the accompanying staff before departure. The medical note is attached.

**TECHNOLOGY**-There are to be NO MOBILE PHONES brought on the excursion. Students are permitted to bring a camera, however no iPads or other tablets are permitted. These will be taken for safe keeping for the duration of the camp should they be brought.

## Stage 3 Canberra/Snow Excursion, 2024 - Itinerary

### Tuesday 2nd July

- Students must be at school by **6.00am** so that we are ready to depart at **6.30am** sharp
- Australian War Memorial
- Parliament House
- Mount Ainslie Lookout
- Australian Institute of Sport (group 1)
- Museum of Australian Democracy (group 2)

### Wednesday 3rd July

- Snow Play @ Corin Forest Mountain Resort Canberra
- Deep Space Communications Complex
- Royal Australian Mint
- Regatta Point @ National Capital Planning Exhibition Centre
- Drive tour through the Embassy District
- Questacon

### Thursday 4th July

- Museum of Australian Democracy (group 1)
- Australian Institute of Sport (group 2)
- McDonald's Dinner Stop
- Arrive back at school by **approximately 5.30 pm**

Mr I. Wheatley  
Assistant Principal  
May 15, 2024

Mrs K. Methven  
Principal

## **Final Permission to Attend Note**

### **Stage 3 ‘Canberra/Corin Forest Excursion’, Tuesday 2nd July – Thursday 4th July 2024**

I give permission for my child \_\_\_\_\_ of class \_\_\_\_\_ to attend the Stage 3 camp from *Tuesday 2nd July to Thursday 4th July 2024*.

I understand that travel to and from the excursion will be by bus and that my child will be staying overnight in accommodation at IBIS Styles shared with other Stage 3 Parramatta North PS students. I understand that Parramatta North PS staff will also be staying in the accommodation.

## **Student Welfare**

The safety and wellbeing of all students and staff is paramount. We expect all students to display exemplary behaviour at all times. We ask that you reinforce the use of correct manners and behaviour at camp. Any student whose behaviour is not up to standard will have his/her parents called to come and collect them from camp.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Mr I. Wheatley  
Assistant Principal  
May 15, 2024

Mrs K. Methven  
Principal

## Health Form, Stage 3 Canberra/Corin Forest July 2<sup>nd</sup> – July 4<sup>th</sup> 2024

*This information is to be provided by parents/caregivers to assist the staff in the case of any medical emergency that may arise. All information is held in confidence.*

Full name of student: \_\_\_\_\_ Class: \_\_\_\_\_

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Telephone Contact: Home: \_\_\_\_\_

Address: \_\_\_\_\_

Mother's Work Ph: \_\_\_\_\_ Father's Work Ph: \_\_\_\_\_

Mother's Mobile: \_\_\_\_\_ Father's Mobile: \_\_\_\_\_

Name & Phone Number of Other Emergency Contact:

Medicare No: \_\_\_\_\_ Private Health Fund Name: \_\_\_\_\_

### Does your child suffer from any of the following conditions?

**Bed Wetting:** Yes/No    **Fits of any type:** Yes/No    **Heart Condition:** Yes/No    **Dizzy spells, blackouts:** Yes/No

**Sleepwalking:** Yes/No    **Asthma:** Yes/No (if Yes, please attach an Asthma Management Plan)

**Diabetes:** Yes/No    **Migraine:** Yes/No    **ADD /ADHD:** Yes/No    **ASD:** Yes/No    **Travel sick:** Yes/No

Is this the first time your child has been away from home? Yes/no

Please specify any other conditions requiring special care during the excursion:

### Please specify any dietary restrictions your child has:

Please specify any ALLERGIES the student is known to have (e.g. penicillin, other drugs, certain foods, bee stings). If so, what treatment is required? (medication used to treat Epi-pen?).

### MEDICATION

Please specify any medication, which your child may be taking during excursion. (Indicate the name and dose and time needed.)

**All medicines must be handed to a PNPS staff member, in a clearly labelled zip-lock bag (with your child's name, the dose to be taken and when it should be taken).**

### TETANUS IMMUNISATION

Year of completed tetanus immunisation or last booster was \_\_\_\_\_

### AUTHORISATION BY PARENT/CAREGIVER FOR EMERGENCY TREATMENT

In the event of my child requiring medical attention, I understand the staff member in charge will endeavour to communicate with me concerning the required action. If this is not possible, I authorise the staff member to administer or seek whatever treatment judged to be reasonably necessary.

Signed: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Mrs K.Methven**  
Principal  
15 May 2024

**Mr I. Wheatley**  
Stage 3 Assistant Principal